



17th Annual San Antonio Spurs Cheerleading Competition



Saturday, December 19, 2009 - AT&T Center
San Antonio Spurs vs. Indiana Pacers



- Limited to the first 56 squads -

General Information

The competition will take place **Saturday, December 19 at 12:00 noon** at the **AT&T Center**. There will be a \$35 entry fee per participant. This will cover the entry fee to the competition, a ticket to the Spurs vs. Indiana Pacers game that night, and a competition T-shirt. The registration deadline is **Tuesday, December 1, 2009**. Please have your fee and your completed entry form to us by that date. In the event that your squad must cancel, written notice must be received prior to **December 4, 2009** in order to receive a refund. Each squad will receive one free ticket for Sponsor; all additional sponsors must pay the \$35 fee, which will include t-shirt. *Everyone entering or observing the competition must have a ticket.*

We also have a new category – GAME DAY (Sideline Cheering) Division – please see page 2 for more details

Please return the following forms along with payment by **Tuesday, December 1, 2009**:

1. Registration Form
2. Release Form
3. T-shirt Order Form
4. PA Announcement Form

**** Competition only tickets available on day of competition at SE Box office, cost is \$15 ****

Performance Information

INTERMEDIATE SKILL RESTRICTIONS:

Intermediate teams will follow AACCA Safety Guidelines with these additional skill restrictions.

Standing Tumbling. Flips are not allowed. (No standing back tucks or back handspring back tucks).

Running Tumbling. Flips may only be performed in a tuck position. Flips may only be performed from a round off or round off back handspring entry. No tumbling is allowed after the flip. No twisting during the flip.

Stunts. Twisting transitions to and from an extended position may not exceed 1/2 twisting transition.

Pyramids. During a pyramid transition, top person may pass above 2 persons high while in direct, arm-to-arm contact with two other top persons at prep level or below.

Dismounts. Only straight pop downs, basic straight rides, and 1/4 turns are allowed from any single leg stunt. Up to 1-1/4 twists are allowed from any two legged stunt

ADVANCED SKILL RESTRICTIONS

Advanced teams will follow the standard AACCA Safety Guidelines with no additional skill restrictions.

GAME DAY (SIDELINE CHEERING) Rules and Restrictions:

Showcase your best sideline crowd-leading material.

The use of signs, poms, flags, and/or megaphones is encouraged.

- 1 minute 15 seconds time limit
- Emphasis on crowd involvement
- At least 2 components required from the following: cheers, chants, traditional yells, and/or drum cadences
- No music permitted
- No baskets, sponge, elevator, or similar type tosses permitted
- No inversions and/or twisting into or out of stunts
- No single leg stunts
- Maximum difficulty in tumbling is limited to standing back handspring
- Running tumbling is permitted only during team entrance

FIGHT SONG RULES AND RESTRICTIONS

Perform your favorite school fight song.

- 1 minute 15 seconds time limit
- Up to two eight counts may be incorporated with stunts, tumbling and/or jumps
- Same skill restrictions as listed in Game Day (Sideline Cheerleading) Rules and Restrictions

TIME OUT DANCE RULES AND RESTRICTIONS

Perform your favorite Time-Out dance.

- 1 minute 15 seconds time limit
- Traditional sideline uniforms required
- Emphasis on crowd entertainment

Awards

1. Trophies will be awarded as follows in each division:

First Place - Second Place - Third Place

Also, we will provide spirit awards to deserving squads. The judges will select two "Champion Spurs Squads" to perform at halftime. In addition two additional squads will perform pre-game, based on judge's decision.

2. The trophy presentation will be held immediately following the competition. The two "Champion Spurs Squads" will be announced at that time. You must have a ticket to attend the ceremony. The two additional squad will be chosen to perform at pre-game based on judges overall decision.
3. Special Award– **Spurs Cheer Coach of the year.** Please review nomination form for details.

Judges

1. The judges for the competition will be qualified, experienced judges with a thorough knowledge and background in cheerleading.
2. The judges will score the squads according to the judging criteria on a 100-point system.

- The legality judge will be responsible for ensuring that safety and general competition guidelines are followed. Penalty points will be assessed for time limit violations, skills performed in inappropriate levels, and general safety and competition violations. Deductions will be taken from the final score.

Time Violations

- 1-10 seconds overtime – 10 points
- 11 or more seconds overtime – 15 points

Safety / General Competition Violations

- A 15 point penalty will be deducted from your total combined score for each infraction

Cheerleading Fundamental Skills

Motions Dance

Tumbling* Jumps

Pyramids* Stunts*

Choreography

Difficulty Visual Effects

Transitions Creativity

Formations Spacing

Synchronization (timing, sharpness, execution)

Timing Sharpness

Execution Pace

Overall Impression

Projection Crowd Appeal

Spirit Showmanship

- See safety guidelines for permitted skills
- Score Sheets will be included in confirmation package

Performance Area

- All squads will perform in the AT&T Center on a competition floor over the Spurs basketball court.
- Only soft-soled shoes will be allowed on the floor surface.
- Entrance onto the performing area will be from the West tunnel of the AT&T Center leading to the court. **All performances will face away from the press table (face North)**

Practice Area

- The "On-Deck" area will have 2 floors to practice routines (3 minute time limit), prior to squad performance
- Warm-up Area will have 4 tumbling mats (3 minute time limit). Stretching in Warm Up area. Squads can enter warm up area at any time. Squads will be called in warm up area and escorted to On-Deck area (by a Spurs Representative) then lined up for performance. **Only 2 sponsors may accompany squad into Warm Up area and On-Deck area**

Performance Requirements

1. Each squad may enter only one routine not to exceed a total of 3 minutes, including the entrance and exit. The routine time is 2 ½ minutes. We request that you incorporate "Spurs" in your cheer at least once throughout the routine.
2. Music: Due to changes in the cheerleading competition industry, we are being flexible on the time for music, etc. because many squads are coming to our competition to perform routines that have been choreographed for different national championships and we don't want them to have to alter their routines. All squads can use music for their entire routine or choose to use music for a portion of their routine.
3. Sound quality is extremely important; music must be recorded onto a **CD or cassette tape** at the beginning of side one. For best results, have music professionally recorded. Please have a representative who can assist in the sound booth during the performance. *

**Please have a back-up CD or tape available in the event something unforeseen should happen to the original. *See attached information regarding music recording.*

General Safety Guidelines and Rules

- **All Star Squads will follow USASF guidelines which are available at www.usasf.net**
- **School Squads will follow NCA or UCA guidelines which are available at www.nationalspirit.com or www.varsity.com**

Miscellaneous

1. A packet with competition times, Spurs tickets, and parking information will be sent out on **December 14, 2009** via UPS to physical address on Registration Form, after receipt of your payment, registration form, T-shirt order form, release form, and PA form.

Additional tickets are available for pre-order on the Registration Form. Additional ticket is good for both Cheerleading Competition and Spurs game (best value for Spectators)

2. Hotel Information:

La Quinta Airport - Erin Crawford, erin.crawford@laquinta.com, (972) 505-4501

La Quinta Convention Center – Stefanie Horne, lq0501dos2@laquinta.com, (210) 222-9181 x5201

– must mention you are with the Spurs Cheerleading Competition

3. All entry fees must be paid in full by **Tuesday, December 1, 2009** and made payable to **San Antonio Spurs**. Please send all payments and correspondence to:

Jack Cuchran
San Antonio Spurs
One AT&T Center
San Antonio, TX 78219
(210) 444-5723
jcuchran@attcenter.com